

2010 DEVELOPMENTAL MEET SCHEDULE

Registration Begins at 8:00 am

(All events youngest–oldest unless noted)

Order of events may vary meet to meet

TRACK

8:45 a.m.

3000m – Midget and older combined

9:00 a.m.

Racewalk – (1500M & 3000M) All but Sub Bantam

9:30 a.m.

4 X 800m Relay – All but Sub Bantam & Bantam

4 X 100m Relay – All

1500m – All

400m – All

100m – All

80m Hurdles – Midget

100m Hurdles – Youth (B/G), Intermediate (G), YW

110m Hurdles – Intermediate (B), Young Men

800m- All

2000m Steeple Chase (IG, IB, YW, YM)

200m – All

200m Hurdles – Youth G/B

400m Hurdles – IG, YW, IB, YM

4 X 400m Relay – All

*may not be ran until after June 1

FIELD

9:30 a.m.

Long Jump – All

High Jump – All except Sub Bantam

Shot Put – All

Discuss – Midget, Youth, Intermediate, Young W/M

Mini-Javelin – Bantam, Midget

Javelin – Youth, Intermediate, Young W/M

Triple Jump (follows LJ) – Youth, Intermediate, Young W/M

10:00 a.m. – Pole Vault (Youth, Intermediate, Young)

2010 Oregon Association Junior Olympic/Open & Master Track & Field Meet Schedule

Concessions available at all meet.

Entry fee: \$5.00

Meets may alter schedule as listed,
Check with host team for schedule



Age Groups for 2010

Sub Bantam 2002 +

Bantam 2000 - 2001

Midget 1998 - 1999

Youth 1996 - 1997

Intermediate 1994 - 1995

Young Men/Women 1992 - 1993



Junior Olympic, Open, & Masters Meet Schedule

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April 17 Sherwood Ice Breaker

Hosted by Sherwood Track Club

Sherwood HS, Sherwood, OR ([modified schedule](#)) www.sherwoodtrack.com

CONTACT: Jason Humble sherwoodtrack@gmail.com

Directions to Sherwood High School: From 99W, head east south of Tualatin-Sherwood Road on Meinecke Road the high school is on the left at 16956 SW Meinecke Road.

April 25 Hosted by Salem Track Club

Willamette University, Salem

CONTACT: Dan Joynt (503) 585-9438 www.salemtrack.org

Directions to Willamette University: From I-5, take exit #253 (N. Santiam, Hwy. 22) west (becomes Mission). McCulloch Stadium will be about ¼ mile on the left past 12th Street.

May 1 Hosted by Tigard Track Club

Tigard HS, Tigard, OR

CONTACT: Ralph Greene 503-706-5355

http://web.me.com/tigardyouthtrackclub/TYT_2010/TYT_2010.html

Directions to Tigard HS: Take exit 291 Carman Dr toward King City. Turn left on Carman Dr., which becomes SW Upper Boones Ferry Rd. Turn left onto SW 72nd Ave/SW Upper Boones Ferry Rd. Turn right onto SW Durham Rd.

May 8 Hosted by Jefferson HS (South of Salem)

Jefferson High School, Jefferson, OR

CONTACT: Greg Wickett 541-327-3337 greg_wickett@jefferson.k12.or.us

Direction to Jefferson HS: I-5 to exit #242 (Talbot Rd.) towards Jefferson on Talbot Rd. the track is three miles from I-5; parking at the high school or middle school - the track is in between the two schools. Jefferson is 15 miles south of Salem and 45 miles of north of Eugene.

May 8 Hosted by Sherwood Track Club

Sherwood HS, Sherwood, OR www.sherwoodtrack.com

CONTACT: Jason Humble sherwoodtrack@gmail.com

Directions to Sherwood High School: see April 17th

May 15 Hosted by Team OR. USA

Sandy High School Sandy, OR

Contact: Doug Bowman (503) 869-4583 www.teamoregonusa.com

Directions to Sandy High: I-84 east to Woodvillage exit. Go South to Burnside and turn east on Hwy 26. East on Hwy 26 to Sandy, turn left on Bluff Rd. Approx. ¼ mile on left is track.

May 22 Hosted by PSA

Sam Barlow HS, Gresham, OR

CONTACT: David Kilian (503) 998-7887

Directions to Sam Barlow HS: Take I-84 east. Take the Troutdale exit. From the exit, turn south at the Outlet Mall and travel south for approx. 3 miles until Division St. Turn east on Division St. and travel to 302nd St. Turn right (south) on 302nd and travel approximately ¾ mile to Lusted road. Barlow is at the corner of Lusted Rd. and 302nd St.

June 5 4th Annual Mid Willamette Valley All Jumps/Throws Meet

(No running events or hammer)

Hosted by Vertical Vault Club

Cascade High School, Turner, OR

CONTACT: Paul Wilson (503) 393-2810

Directions to Cascade High School: Take I-5 to Salem exit Kuebler. Turn East on Kuebler. Turn Right onto Turner Rd SE. (becomes 3rd St SE). Turn Left onto Denver St SE. (becomes Mill Creek Rd SE/Marion Rd SE). Turn Right onto Marion Rd SE. Turn Right to stay on Marion Rd SE. High School address is 10226 Marion Rd SE.

June 5 & 6 Combined Events

Hosted by Salem Track Club

Willamette University, Salem

CONTACT: Dan Joynt (503) 585-9438 www.salemtrack.org

Directions to Willamette University: see April 25th

June 6 Throws Meet Youth, Open & Master Athletes

(Shot, Discus, Turbo & Javelin & Hammer)

Concordia U. Throws Center, Portland, Or

CONTACT: Doug Bowman, (503) 869-4583 www.teamoregonusa.com

Directions to Throw Center: Take I-5 North, take the Marine Drive exit east. Turn right on 33rd south before you get to the airport. Approx. ½ mile you will see the Throw Center on the right.

June 19 Hosted by Emerald Valley

South Eugene High School Eugene, OR

Contact: Jeff Hoskins (541)606-2793

Directions: from Portland and the North: From I-5, take Exit 194b on I -105 West. Take Exit 2, keep left. follow the signs to UO. Stay in the left lane over the ferry St Bridge, exiting onto Broadway, which become Franklin Blvd to Patterson St, take right on E. 19th St and SEHS is located on the left. Parking also on 24th and Amazon. From Ashland and the South: From I-5 North, take Exit 192. Merge on Franklin Blvd past the U of O for about 1 mile then take a left on Patterson then right on E. 19th and SEHS will be located on the left. Parking also on 24th and Amazon.

July 17-18 Track City Classic

Hosted by Track City, Hayward Field Eugene, OR

Directions: From Portland and the North: From I-5, take Exit 194B on I-105 West. Take Exit 2, keep left. follow the signs to UO. Stay in the left lane over the Ferry St Bridge, exiting onto Broadway, which becomes Franklin Blvd. Follow Franklin Blvd to Agate St. Turn right on Agate. right onto East Thirteenth Ave.

From Ashland and the South: From I-5 North, take Exit 192. Merge on Franklin Blvd. After merging, get in the left lane and through 3 lights. (Look for a "UO Next Left" sign as you drive west on Franklin Blvd.) At the 4th light, turn left on East Thirteenth Ave. Proceed two blocks to the four-way stop sign at Agate St.

Sportsmanship Guidelines For Parents, Coaches and others

Coaches and parents are tremendous assets to our youth athletes in track and field and this association is extremely grateful for your cooperation, support, and loyalty. We expect athletes to hold themselves to high standards of sportsmanship as outlined in the USATF Competition Rule Book and hope parents, coaches and others will themselves serve as role models for our youth athletes by exhibiting high standards of sportsmanship as well. We must never lose sight of the fact that the participants in youth athletics are only "youngsters".

Officials and meet management personnel are there to help make this a positive experience for everyone, especially the athletes. Please treat them accordingly. The following guidelines should be adhered to at all times:

- 1) Knowing and understanding the rules of track and field.
- 2) Showing respect for officials and their decisions.
- 3) Showing respect for opponents at all times.
- 4) Recognizing and appreciating the varying skill levels of all athletes participating.
- 5) Maintaining self-control at all times.
- 6) Showing a positive attitude when cheering.

Sanctions may be considered toward parents, coaches, and/or teams that do not adhere to these policies.

Summer 2010 Championship Schedule:

NOTE: These meets require pre-registration.
All Oregon Championship meet entries shall be done online at the
USATF/Oregon website: www.usatf-oregon.org
(From the main menu page, click on the 'Youth' link)

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| June 12 - 13 | NW Youth Club Championship
Centennial HS Gresham, OR
www.usatf-oregon.org (on line reg. required)
<u>For more information contact:</u>
Doug Bowman, Youth Chair. (503) 869-4583 |
| June 24 - 25 | Oregon Junior Olympic/Open/Masters
Combined Event Championships,
Centennial HS Gresham, OR
www.usatf-oregon.org (on line reg. required)
<u>For more information contact:</u>
Doug Bowman, Youth Chair. (503) 869-4583 |
| June 26 - 27 | Oregon Junior Olympic
Track & Field Championships,
Centennial HS Gresham, OR
www.usatf-oregon.org (on line reg. required)
<u>For more information contact:</u>
Doug Bowman, Youth Chair. (503) 869-4583 |
| June 29-July 4 | National Youth Outdoor Champ.
The Sports Complex at Benedictine
University Lisle, Illinois
http://www.usatf.org/events/2010/USAYouthOutdoorTFChampionships/ |
| July 8-11 | Region XIII Junior Olympic
Track & Field Championships
Hosted by: Pacific NW
Contact: Char Englehart
Phone: (425) 489-9433
Email: cengelhardt@juno.com |
| July 27-Aug. 1 | National JO Track & Field Championships
A.G. Spanos Sports Complex,
Sacramento State University
Sacramento, California
http://www.usatf.org/events/2010/USATFJuniorOlympicTFChampionships/
<u>For more information:</u>
Youth Chair: Doug Bowman, (503) 869-4583
teamoregonusa@gmail.com
USATF Oregon Assn Office: (541) 504-1077 www.usatf-oregon.org |